

# BENEFITS AVAILABLE TO KYARNG SOLDIERS



EXAMPLE SOLDIER	INCOME	BENEFITS USED	
<ul style="list-style-type: none"> <li>E-4/SPC</li> <li>6 years of service</li> <li>Has dependents</li> <li>Wants to go to Trade School</li> <li>1x Deployment (12 mos)</li> </ul>	<ul style="list-style-type: none"> <li>Base Pay (\$366.20 per 4 drills) 1x weekend a month (IDT) 2x weeks in the summer (AT) Food/Lodging provided</li> <li>AT Pay - \$2563.40</li> </ul>	<ul style="list-style-type: none"> <li>Tricare Reserve Select: \$228.27 a month \$303.41 annual deductible Healthcare coverage for entire family</li> <li>Thrift Savings Plan: \$18.31 5% base pay monthly, retirement account that transfers with you</li> <li>Servicemember Group Life Insurance: \$25.00 (up to \$400,000 pay-out)</li> <li>Family Servicemember Group Life Insurance: \$9.00 2x Dependents (Up to \$200,000 pay-out)</li> </ul>	<ul style="list-style-type: none"> <li>Extension Bonus (\$20,000 for 6 years, lump sum)</li> <li>\$4,000 Credentialing Assistance (ex. Commercial Driver's License)</li> <li>Post 9/11 GI Bill (ex. 60% tuition and fees and 60% BAH for local area)</li> <li>GI Bill Kicker (\$200 per month)</li> </ul>
	<p><b>TOTAL</b></p> <p><b>\$6957.80</b></p> <p>(KYARNG members that reside in Kentucky are exempt from state income tax)</p>		



## Education and Incentives

<b>State and Federal Tuition Assistance</b> - 100% tuition paid at Kentucky public colleges	Be a National Guard Member	SFC Ohlmann 502-607-1307
<b>Montgomery GI Bill</b> - Stipend paid directly to SM for use while in school	Be a military member or Veteran	SSG Boone 502-607-1138
<b>Post-9/11 GI Bill</b> - pays 100% tuition and fees to school of choice	Be a military member or Veteran	SSG Boone 502-607-1138
<b>Credentialing Assistance Program</b> - up to \$4,000 annually to pay for professional certifications, training and tests	Be a National Guard Member	Dr. Tamara Hullender, tamara.l.hullender.mil@mail.mil;
<b>Extension Bonus</b> - Paid out in lump sum - \$20,000 for 6 years, \$10,000 for 4 years and \$4,000 for 2 years.	Be a National Guard Member	SFC Ohlmann 502-607-1307

## Insurance

<b>Tricare Reserve Select</b> - \$228.27 a month per family, \$313 annual deductible	Be a military member or Veteran	1-800-444-5445
<b>Servicemembers Group Life Insurance</b> - \$400,000 benefit, costs \$25 a month	Be a military member or Veteran	1-800-419-1473
<b>SGLI Traumatic Injury Protection</b> - financial assistance to Service Members who incurred certain physical losses due to traumatic injuries	Be a military member or Veteran	1-800-419-1473
<b>Family Servicemembers Group Life Insurance</b> - \$100,000 benefit per dependent	Be a military member or Veteran	1-800-419-1473
<b>BENFEDS</b> - Dental and Vision insurance	Be a military member or Veteran	1-877-888-3337

## Travel

<b>Information, Tickets and Travel</b> - tickets for local attractions, destination tickets, daytrips and tours, vacation packages	Be a military member or Veteran	1-800-296-2959 (FT Campbell) or 1-502624-2037 (FT Knox)
<b>Space-A-Travel</b> (Travel on MIL-Air to pre-determined destinations)	Be a military member or Veteran	Mil-Space-A Application for IOS and Android
<b>SATO/Carlson Wagonlit Travel</b> - travel service program	Be a military member or Veteran	<a href="https://www.cwtsatotravel.com/">https://www.cwtsatotravel.com/</a>

## Shopping

<b>Military Discounts offered by stores, services and online sites</b> - some examples below	Be a military member or Veteran	<a href="https://militarybenefits.info/military-discounts/">https://militarybenefits.info/military-discounts/</a>
10% off at Home Depot - Year round 10% discount to military members	Be a military member or Veteran	Homedepot.com
10% off at Lowes- Year round 10% discount to military members	Be a military member or Veteran	Lowes.com
15% off Enfamil Infant and Toddler Nutrition - after verified can use discount once per day	Be a military member or Veteran	Enfamil.com
20% off YETI products - after verification of military status	Be a military member or Veteran	Yeti.com
25% off AT&T mobile phone services	Be a military member or Veteran	att.com
Free 1 year subscription to LinkedIn.com - Free 1 year subscription for military members	Be a military member or Veteran	LinkedIn.com

## Licenses and Certifications

<b>Certifications</b> - Variety of civilian certifications and licenses offered based on military training experience	Be a military member or Veteran or family member	KDVA: 502-564-9203
<b>Ex. - Firefighters, EMTs, Commerical Drivers License, Licensed Engineers, Teachers</b>		

## Health & Recreation

<b>Health and Wellness Coaching</b> - can help you loose weight, eat better, get in shape, manage stress, tackle transistions	Be a military member or Veteran	1-800-342-9647
<b>Free Behavioral health counseling</b> - Full time team of providers offering free confidential beahvioral health counseling	Be a National Guard Member	859-475-8430, 859-420-8658, 270-903-0736
<b>Department of Health and Human Services</b> - offers links to services supporting veterans and military families	Be a military member or Veteran	1-800-372-2973
<b>VHA Website</b> - provides one-stop shopping for VA health benefits	Be a military member or Veteran	<a href="https://www.va.gov/health/">https://www.va.gov/health/</a>
<b>Moving Forward</b> - is a free online course that teaches service members, veterand and their families how to manage stress	Be a military member or Veteran	<a href="https://www.veterantraining.va.gov/movingforward/">https://www.veterantraining.va.gov/movingforward/</a>
<b>Physical Fitness Centers</b> - BGAD, Frankfort, & WHFRTC- free gym	Be a military member or Veteran	
<b>Armed Forces Recreation Centers- dodlodging.net</b>	Be a military member or Veteran	1-800-462-7691
<b>Kentucky State Parks Discounts for Current Military, Retirees and Veterans</b>	Be a military member or Veteran	<a href="http://parks.ky.gov/deals">http://parks.ky.gov/deals</a>

## Financial Benefits

<b>Tax Exemptions</b> - (State income tax exemption, tax free vehicle purchasing, annual tax credit for KYARNG members)	Be a military member or Veteran	KDVA: 502-564-9203
<b>MilitaryOneSource MilTax Services</b> - provides free tax preparation and filing services and tax consultation	Be a military member or Veteran	1-800-342-9647
<b>Kentucky Veteran Program Trust Fund</b>	Be a military member or Veteran	<a href="http://veterans.ky.gov/otherprograms/pages/trustfund">http://veterans.ky.gov/otherprograms/pages/trustfund</a>

## Driver Benefits

<b>Drivers Benefits</b> - (Discounted military plates and registration fees)	Be a military member or Veteran	KY Transportation Cabinet: 502-564-1257
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Employment/Life Support		
<b>Career Center-</b> offers ceterans tools to translate their military skills into careers in public and private sectors	Be a military member or Veteran	VA 1-800-827-1000
<b>Department of Defense &amp; Veterans Affairs Discharge Upgrade Guidance Tool-</b> offers customized guidance to veterans who desire change in the condition of military discharge	Be a military member or Veteran	VA 1-800-827-1000
<b>Educational and Vocational Counseling-</b> provides educational and vocational counseling for Veterans and certain dependents	Be a military member or Veteran	VA 1-800-827-1000
<b>Fiduciary Program-</b> a program to protect veterans who are unable to manage their financial affairs	Be a military member or Veteran	VA 1-800-827-1000
<b>Independent Living-</b> a program to make sure eligible veterans can, to maximum extent live independently & participate in family &	Be a military member or Veteran	VA 1-800-827-1000
<b>Mortgage Delinquency Assistance-</b> VA loans Guarany Service provides technicians and a special servicing center to intercede with mortgage provider to explore all options and avoid foreclosure	Be a military member or Veteran	VA 1-800-827-1000
<b>Veterans Economic Communities Initiative-</b> Program that brings together community partners to coordinate and integrate veterans' services at the local level	Be a military member or Veteran	VA 1-800-827-1000
<b>Department of Labor-</b> provides comprehensive help for veterans seeking employment	Be a military member or Veteran	1-866-487-2365
<b>Feds Hire Vets-</b> government wide veterans' employment website intended for veterans	Be a military member or Veteran	<a href="https://www.fedshirevets.gov/">https://www.fedshirevets.gov/</a>
<b>USAJobs-</b> a federal government employment-related website provides helpful links for members seeking federal jobs	Be a military member or Veteran	<a href="https://www.usajobs.gov/">https://www.usajobs.gov/</a>
<b>Women Veterans Program -</b> Ensure Women Vetrans have equitable access to federal and state veterans' services and benefits	Be a Woman Veteran	502-564-9203
Family Services		
<b>G1 Military family Services -</b> Full time staff dedicated to serving families of KYARNG Soldiers	Be a military member or Veteran	502-607-1802
<b>Military and Family Life Counseling Program-</b> supports service members, their families and survivors with non-medical counseling at installations worldwide	Be a military member or Veteran	1-800-342-9647
<b>Non-Medical Counseling Services-</b> counseling sessions for immediate family members, children under 17yrs, retired service members and family	Be a military member or Veteran	1-800-342-9647
<b>Military Teen Adventure Camps-</b> teens of military servicemembers can attend camps with excursions like sailing, kayaking, caving and survival skills	Be a military member or Veteran	1-888-398-4636
<b>National Military Family Association-</b> offers multiple programs for military families	Be a military member or Veteran	<a href="mailto:703-931-6632">703-931-6632</a> or <a href="mailto:info@MilitaryFamily.org">info@MilitaryFamily.org</a>
<b>Child Care-</b> helps you explore different childcare options and locate DoD approved providers around the world	Be a military member or Veteran	<a href="https://public.militarychildcare.csd.disa.mil/">https://public.militarychildcare.csd.disa.mil/</a>
<b>Spouse Career Opportunities-</b> offers support and resources for military spouses looking for employment or education	Be married to a military member or Veteran	<a href="https://myseco.militaryonesource.mil/">https://myseco.militaryonesource.mil/</a>
Retirement & Survivor Benefits		
<b>Legal Assistance-</b> Retired Personnel full legal assistance, Gray Area Retirees have limited	Be a military member or Veteran	SSG Smith 502-607-1497/1470
<b>Death Gratuity-</b> (released from Active Duty or within 120 days of release) \$100000	Be a military member or Veteran	Survivor Outreach 502-607-1099/1509
<b>Beneficiary Financial Counseling Services-</b> cost free service offered to beneficiaries of SGLI, FSGLI and TSGLI	Be a military member or Veteran	1-800-342-9647
<b>Survivor Benefits Plan-</b> An Annuity for spouse and dependant children in the event of Servicemembers death	Service Members with 20 years of service	SSG Smith 502-607-1497/1470
<b>Dependency and Indemnity Compensation-</b> a non-taxable annuity for surviving spouse's	Be a military member or Veteran	VA 1-800-827-1000
<b>Parents' Dependency and Indemnity Compensation-</b> tax free annuity to parents' of a service member who died in the line of duty or service connected death	Be a military member or Veteran	VA 1-800-827-1000
<b>Assistance from the Social Security Administration-</b> Social Security benefits paid to surviving spouse up to \$255 a month	Be a military member or Veteran	1-800-772-1213
<b>Montgomery GI Bill-</b> VA pays a special Montgomery GI Bill death benefit to survivor with service connected death	Be a military member or Veteran	VA 1-800-827-1000
<b>Post-9/11 GI Bill-</b> if the service member transeferred any months of unused bill spouse and/or children can then use	Be a military member or Veteran	VA 1-800-827-1000
<b>Marine Gunnery Sergeant John David Fry Scholarship-</b> for children and surviving spouses of those who died in the line of duty on or after 9/11	Be a military member or Veteran	VA 1-800-827-1000
<b>Survivors' and Dependents' Educational Assistance Program-</b> surviving spouses are eligible for educational benefits up to 20 years after date of death	Be a military member or Veteran	VA 1-800-827-1000
<b>KDVA State Veterans Cemeteries -</b> 5 across the state (Radcliff, Williamstown, Hopkinsville, Hyden and Grayson KY)	Be a Veteran	502-782-5733
<b>Burial Honors -</b> Upon Family's request, every eligible Veteran receive a military funeral honors ceremony, to include folding and presenting of the flag.	Be a Veteran	<a href="http://veterans.ky.gov/cemeteries">http://veterans.ky.gov/cemeteries</a>